

Baseball & Softball Bat Size Chart

Recommended lengths, weights, and drop weights by age group

Ages 6-8

Age	Common Lengths	Weight Range	Most Popular	Focus on bat control over power. A lighter bat that can be swung properly is better than a heavier one that can't.
6	26"-27"	14-16 oz	26"/15 oz	
7	27"-28"	15-17 oz	27"/16 oz	
8	28"-29"	17-19 oz	28"/18 oz	

Ages 9-10

Age	Common Lengths	Weight Range	Most Popular	Most players this age use drop 10 or drop 11 bats. Consider player strength when choosing.
9	28"-29"	18-19 oz	29"/19 oz	
10	29"-30"	19-20 oz	29"/19 oz	

Ages 11-12

Age	Common Lengths	Weight Range	Most Popular	Start transitioning to drop 8 bats to prepare for heavier bats in the future.
11	30"-31"	20-21 oz	30"/20 oz	
12	31"-32"	22-26 oz	31"/23 oz	

Age 13 (Non-BBCOR)

League	Common Lengths	Drop Weight	Most Popular	We strongly recommend drop 5 bats at this age to build strength for BBCOR.
USSSA	31"-32"	Drop 5	31"/26 oz	
USA	31"-32"	Drop 5	32"/27 oz	

Ages 13-17 (BBCOR)

Age	Common Lengths	Drop Weight	Most Popular	All BBCOR bats are drop 3. Length ranges from 29"-34", choose based on strength and preference.
13-14	31"-32"	Drop 3	32"/29 oz	
15-16	32"-33"	Drop 3	33"/30 oz	
17+	33"-34"	Drop 3	33"/30 oz	

Fastpitch / Softball Bat Sizing

Fastpitch bats typically range from 28 to 34 inches in length with drop weights from -8 to -13. Youth players use lighter drops (-11 to -13) while high school and college players use heavier drops (-8 to -10). Popular high school sizes: 32"/22 oz and 33"/23 oz.

Fastpitch Size Chart by Age

Age Group	Bat Length	Drop Weight	Most Popular	
8-10 years	28"-30"	Drop 11-13	29"/18 oz	
11-13 years	30"-32"	Drop 10-12	31"/20 oz	
14+ years	32"-34"	Drop 8-10	33"/23 oz	